

# ST. AMBROSE UNIFORM - GIRLS

In keeping with the idea of character formation, a simple dress code allows the student to concentrate on studies rather than on fashion. The dress code helps maintain school spirit and student safety, discouraging peer pressure. St. Ambrose Academy fosters reverence and respect through appropriate dress and teaches one of the great Gospel messages, that of simplicity of lifestyle. Teachers will make dress-code disciplinary decisions on the spot.

All selections are to be purchased from the Lands' End Uniform Catalog over the phone (1-800-469-2222) or online (www.Landsend.com/school) unless otherwise noted. Lands' End provides a 3% rebate to the school; use School Code 900089046.

Dress uniform is to be worn as required and if desired every day. Daily uniform may be worn on days when Dress uniform is not required.

## NOTES FOR GIRLS

- Modest make-up is permitted. Clear or pink nail polish may be worn.
- Jewelry is confined to simple gold or silver post earrings, religious medals, and rings that are not indicative of any boy-girl relationship.
- Also see dress guidelines in the following section

## NOT PERMITTED

- Hats
- Logos on clothing (except St. Ambrose)
- Sleeveless, tight (i.e. a one-inch pinch of fabric tensions it), or immodest clothing
- Dyed or extreme hair
- Tattoos

## DRESS UNIFORM - *May be worn everyday but must be worn as required (usually on Fridays).*

	<u>ITEM</u>	<u>COLOR</u>	<u>RECOMMENDED QUANTITY</u>
<b>Skirt</b> - <i>senior high girls should be ordering women's sizes if possible</i>	Plaid Pleated Skirt Plaid A-line Skirt Longer skirt option from www.buckheaduniforms.com 800-779-3676 skirt style 134 PCT Teen	Clear Blue Plaid Clear Blue Plaid Plaid 76	1
<b>Blouse</b>	Three Quarter Sleeve Oxford	White or Blue	1
<b>Sweater Vest</b>	Sweater Vest	Navy	1
<b>Socks</b>	Knee Socks ( <i>purchased at any store</i> ) Tights ( <i>purchased at any store</i> )	Navy or White Navy or White Opaque	few
<b>Shoes</b>	Oxford or Mary Jane Dress Shoes ( <i>purchased at any store</i> ) <i>*No more than a one inch heel.</i>	Black, Brown or Navy	1 pair

## DAILY UNIFORM - *May be worn on days when the dress uniform is not required.*

	<u>ITEM</u>	<u>COLOR</u>	<u>RECOMMENDED QUANTITY</u>
<b>Pants</b>	Stretch Stain-Resistant Flares Feminine Fit Plain Front Chinos Feminine Fit Plain Front Flare Chinos IZOD Flat Front Pants ARIZONA Favorite Trousers <i>purchase in stores or at jpenney.com</i>	Khaki or Navy Khaki or Navy Khaki or Navy Khaki or Navy Khaki or Navy	1
<b>Shirt</b>	<i>Blouse that is worn with the dress uniform</i> Fit-for-Her Mesh Polo Short Sleeve Fit-for-Her Mesh Polo Long Sleeve Fit-for-Her Interlock Polo Short Sleeve Fit-for-Her Interlock Polo Long Sleeve	Chambray Blue or White Chambray Blue or White Chambray Blue or White Chambray Blue or White	2
<b>Sweater</b>	<i>Vest that is worn with the dress uniform</i> Zip Front Cardigan Zip Front Hooded Cable Cardigan Crewneck Fleece Jacket <i>*Any other Lands End uniform cardigan is also acceptable.</i> <i>*Fleece Jacket may be worn inside over sweater if the student is still cold.</i>	Navy Navy Navy Navy	optional

**Socks**

Knee Socks ( <i>purchased at any store</i> )	Navy or White	few
Crew Socks ( <i>purchased at any store</i> )		
<i>*Only knee socks or tights may be worn with skirt.</i>		

**Shoes** - Same as dress uniform**Hair decorations**

<i>*Hair clips, bobby pins, hair ties, hair bands may be worn but no scarves or bandanas</i>	optional
--	----------

**Long Underwear**

<i>*May be worn with pants but must not show.</i>	White or Gray	optional
---	---------------	----------

**PHYSICAL EDUCATION** - *Must be worn during all Physical Education classes.*

	<u>ITEM</u>	<u>COLOR</u>	<u>RECOMMENDED QUANTITY</u>
<b>Shorts</b>	Girls/Womens Athletic Shorts	Navy	1
<b>Shirt</b>	Performance Short-Sleeve Super T	Navy or Gray	1
<b>Sweatshirt</b>	Hoodie	Navy or Gray	1
<b>Pants</b>	Girls/Womens Sweatpants	Navy or Gray	1
	Girls/Womens Athletic Pants	Navy	
<b>Athletic Shoes</b>	Athletic Shoes ( <i>purchased at any store</i> )	Any Color	1 pair
<b>Swimsuit</b>	Swimsuit ( <i>purchased at any store</i> ) <i>*One piece lifeguard swimsuit (as modest as possible)</i>	Any Color	1

**ESTIMATED COST**

The cost estimate includes a fairly minimal uniform that can be added to if the student and parents desire. It doesn't include the costs of shoes, socks, etc. that would have to be purchased even if the student didn't attend St. Ambrose Academy.

For girls this assumes buying one skirt, one pair of pants, one dress shirt, two polo shirts, a vest, one pair of gym shorts, one gym shirt, one hoodie sweatshirt, and one pair of sweatpants.

For girls wearing girl sizes: \$215

For girls wearing women sizes: \$265

Some parents have made the point that after the first year or two, the cost goes down since there are clothes being traded and recycled as kids grow out of them. Additionally, hopefully the kids wouldn't have to replace their entire wardrobe every year.